



2023 Scott Cycles BMBC Club Championship

Categories Explained

Membership

To compete in events run by the BMBC you are required to be a financial member of Auscycle and the BMBC.

The required Auscycle membership is **Race Off Road**. (Lifestyle membership is not acceptable)

For information on Auscycle and BMBC membership please go to the membership section on the BMBC web page. www.burrupmtb.com

Please Note: Auscycle offers a free 4 week trial membership for those new to mountain biking.

CATEGORY SELF SEEDING GUIDELINES

The Burrup Mountain Bike Club race a cross country (XC) mountain bike season consisting of 6 races.

We race in an XCO format with varying track lengths of around 4 – 6km per lap.

Riders over 17 are required to self-seed into one of the following categories.

- Elite.
- Expert
- Sport
- Intro
- Elite E Bike
- Sport E Bike

Juniors must ride in the correct category as detailed in the BMBC Junior race policy.

Elite

Ride Time – 1:00 to 1:30

Ride Distance- 20km to 30km

Average Speed for the race Men - 20kmph +

Women – 17kmph +

Trail Type – Typical Blue and Blue/Black type trails with small sections of Black trails.

There will be E lines in most races. These E lines will have obstacles that will require a high level of skill to ride. There will be no B lines marked on E line sections.

Expect: drops, jumps, steep pinch climbs, rock gardens and loose surfaces.

Expert

Ride Time – 1:00 to 1:30

Ride Distance – 15km to 25km

Average Speed for the race Men – 18-20kmph

Women – 15-17kmph

Trail Type – Typical Blue and Blue/Black type trails with small sections of Black trails.

There will be E lines in most races. These E lines will have obstacles that will require a high level of skill to ride. There will be no B lines marked on E line sections.

Expect drops, jumps, steep pinch climbs, rock gardens and loose surfaces.

Sport

Ride Time – 0:45 to 1:00

Ride Distance – 10km to 20km

Average Speed for the race Men - 16-18kmph

Women – 12-16kmph

Trail Type – Typical Green and Blue type trails with small sections of Black/Blue trails.

There will be some obstacles within the course. When deemed necessary by the Commissure there will be B lines around these obstacles.

Expect a challenge but choice of an easier line if skill level is not up to the challenge.

Intro

Ride Time – 0:45 to 1:00

Ride Distance – 4km to 10km

Average Speed for the race men – 9-13kmph

Women – 9-13kmph

Trail Type – Typical Green and Blue trails.

There will be some obstacles within the course. When deemed necessary by the Commissure there will be B lines around these obstacles.

Expect a challenge but choice of an easier line if skill level is not up to the challenge.

Why it is important that riders self-seed into the right category?

For all the races last season the club Commissure found it very difficult to set trails to challenge the more experienced riders in the Elite and Expert categories.

There is a large responsibility on the club Commissure to provide a suitable safe trail within the Auscycle guidelines. This is made very difficult when there are riders riding in categories higher than their skill level.

Please put some thought into choosing the correct category for your skill level.

The average speeds are a guide to help you choosing your appropriate category. The average speeds are based on the complete race distance.

To help you make the correct choice the BMBC will be setting the round 1 course 2 week prior to the 1st round of the club championship (April 1st). This course will be posted on the club Facebook page.

Note: Round 1 course will be the easiest for the season. Courses will progressively get more challenging throughout the season.